

5 Healthy Eating Tips for the Busy College Student

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 2Wwcdi@> 2/ Y dUeVAcademic Achievement
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F UVXRUFRVd-

- Danielle Andrews** ~ Honor ~ Current Participant
- Roni Ayalla** ~ Honor ~ Current Participant
- Diane Jefferson** ~ Honor ~ Current Participant
- Kajla Nash** ~ Honor ~ Past Participant
- Shondella Umeh** ~ Honor ~ Current Participant
- Jesse Valdez** ~ Honor ~ Current Participant
- Kimberly Grimes** ~ Distinction ~ Current Participant
- Skylar Joyner** ~ Distinction ~ Current Participant
- Philip Pettis** ~ Distinction ~ Current Participant
- Mikki Phan** ~ Distinction ~ Current Participant
- Gigi Phan** ~ Highest Distinction ~ Current Participant

8cRUFRVd-

- Thuy Linh Nguyen** ~ Honor ~ Alum
- Enrick Robles** ~ Honor ~ Alum
- Carmen Hytche** ~ Distinction ~ Alum
- S C** istinction ~ Alumuat

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 dR UhZYLSRWJa` dR` E` cXcW` dRjRUhZy
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 jZVW` TYWdXZUTYZV` c j dR UhZYVZ

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 e^ aeUSj gV UZ` X^ RIYZ` vZA` dSZZdZ` Tjf UVZ` Xe

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f` e` Z` edR` UZT` ecSfede` e` e` U` M` j` Z` f` dV
 dRcZ` Xj` R` UT` _` dUc` d` W` e` V` Z` Xh` ZYUZe
 chWV` V` c` R` e` c` R` e` g` d` Z` d` e` RUZ`



Grammatically Speaking

Writing a Literature Review

December

Events to Come

- ' Last Day of Classes
- (McNair Academy, Grad Prep & Seminar
S1 %aŽ Žc` ^ "!' L5G
"Closing the Semester"
- * 1" & Final Exams
- * Fall Commencement

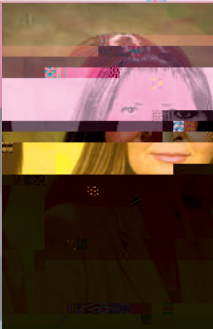
January

- " Happy New Year!
- # Campus Reopens
- "!ž" Campus Visits to Kansas Colleges
- # Martin Luther King Jr. Holiday
- ## First Day of Classes
- \$ Literature Review Due

February

- " Request for Tutors
Grad Prep & Seminar
8R JVGMe^ R L4` f_dMZX, EVtZ_X
"Graduate Test Preparation Resources"
S1 %aŽ Žc` ^ "!' L5G
- Research Assembly Meeting
S1 %aŽ Žc` ^ "!' L5G
- 8 McNair Academy
E32
"Graduate School Terminology"
#1 \$aŽ Žc` ^ "!' L5G
- 9 Grad Prep & Seminar
5cž5 VŠ` dRYD JMLAYZ d aYj
"Writing for Publication"
#1 \$aŽ Žc` ^ "!' L5G
- "% GRjV_eZ Vd5Rj
- #* Graduate Seminar
Df\ f cR3R RZ4` kRe
- "W

Someone Like me?



Luz Gonzalez

Dean, College of Social Sciences, California State University, Fresno

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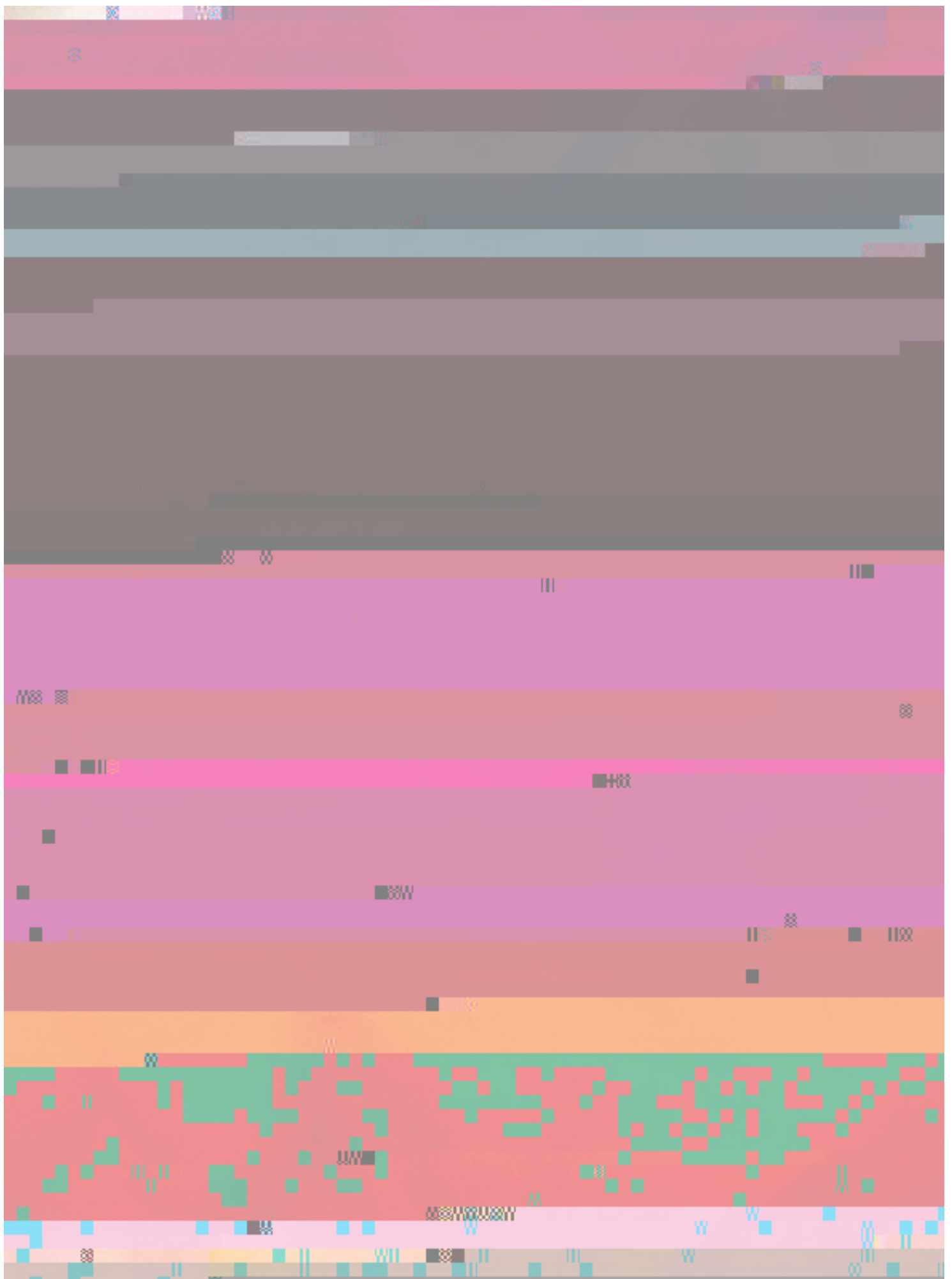
8`_krjdxh`fa`W]`hZ`XeVYRgVcW^`dReVe`dReZ`d^`ZXR`eVR^`h`c\VcLYcVR`Zj`eRgVUW^
>`M]T`LAR]ZVc`ZL@cX`_L>`_`eR`RR`USRT`e`>`M]T`LaZ]Z`Xcdh`SVcZdLe`^`Re`VEXRaVIR`_Ud`XRc
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hZ`e`c`^`_`eYdZ`>`M]T`Ldf`UV`e`dRIYVcdh`f`]UT`^`VR`_U]MgVbf`Z]`j`R`_UW^`7`Sdf`Rj`e`2acZ`dVh`V`e
e`dIY` `]Z`eYVF`_ZAUDReVZ`SfehRd`_W`_TR]W`_`fe`e`Y]a`h`ZY`eV]Tc`acZ`VZ`XRX`_`UVR^`h`c\VchRd`_`e
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2VWc`}_`Z]Z`XeYVZXYeXcRUVRe6]`>`_`eVDIY` `]Z`@`c`dLAR]ZVc`ZL8`_krjkdR`eU`h`c`Z`XW]`]eZ`VZ
eYV} V]Udh`ZY`Yc`aRcV`e`H`Z`Y`_`_`j`R} `W`X`R`U`V`U`F`TR`Z`_`_`Z`>`M]T`LeYj` \`_`Vh`[`f`d`e`_`f`XY`6`_`X]Z`Y`e`eR` \`e
eYVVR^`VdR`_Ud`c`g`ZVZ`9`h`VgVdZ`Y]ZVd]`ch`V`e`Z`L`Y`c`V`W`Y`c`T`_`e`RTA`U`U`Z`S`V`d`Z`_`Y`Z`e`Y`Z`e`Z`d`L`V
U]gV]`a`UT`^`a]`Z]R`Z`_`dh`ZY`YZ`e`VIR`_UR` \]MIR`_UY`Z]j`V`ZY`e`U`W`c`Z`d`e`U`Z`e`eZ`_`V`L`Y`h`R`d`Y`d`a`Z`R]Z`U
Wc]`_`X`a`V`Z`U`d`EYV]`RU`_`_`Yc^`_`e`V`ch`R`d`e`V`_`_`U`f`d`Z`V`h`^`c`U`Z`_`eYV} V]U`L`IR`U`W`c`dL`TY`Z`U`c`V`L`a`R`U
eYV`S`Z]`d`L`U`eYV]Rf`_`U`j`L`d`R`h`ZY`8`_krjkd`V`eYV`Z`eYV`_`d`Z]R`_U`_`V`e`Y`Z`_`f`a`l`e`I`U`R`V`_`_`V`g`V`j`eY`Z`_`X`d`_`Y`V
T`f]U`d`R]`_`Z`g`l`g`U`Z`D`V`h`R`d`e`V`V`_`a`h`V`U`^`_`_`V`S`c`_`V`e`Y`V`R`_`Z`j`L`W`c`d`V`_`V`e`Z`R]`e`X`e`V`Z

7`c^`R`j`j`V`cd8`_krjkd`V`eYV`ch`Rd`_`eY`R`a`j`RS`feY`c`X`Z`X`e`T`]J`W`Z`e`e` \`eZ`V`e`T`_`g`Z`T`V`Y`Z`_`e`]`V`e
Y`c`R`e`V`_`U`Z`9`V`h`R`d`R`U`eY`R`e`d`V`h`f`]U]`d`Y`V`c`T`f`]f`c`L`g`R`f`V`dR`_U`e`R`U`Z`_`d`R`_UR`W`U`d`^`V`eY`Z`X`h`f`]U`
Y`R`a`V`_`e`Y`c`U`z`Z`_`X`e`7`cd`_`Z`_`e`V`^`*`!`d`R`_U`(!`d`X`Z`d`U`Z`_`e`Y`R`g`V`I`R`c`Z`E`Y`Y`U`Z`_`e`X`_`e`T`]J`W`Z`E`Y`Y`
h`V`c`d`f`a`a`d`U`e`X`e`^`R`c`Z`U`}_`UR`X`_`UVR^`V`c`e`h`c`W`L`Y`R`g`V`Z`L`W]`h`eYV`Tc`adR`_U^`R]`SV`}_`Z`Y`eYV
V`Z`Y`eY`X`R`U`Z`_`W`Y`j`TY`d`_`_`e`e`d`R`V`_`e`Y`V`c`]`M`eY`j`c`Z`V`U`S`Z`_`X`Z`X`d`R`_`V`e`eYV`R`_`Z`j`Z`9`h`V`g`V`L`Y`c`
^`_`e`Y`c`S`R`I`_`U`Y`c`f`a`R]`eY`V`h`R]`Z`y`W`I`R`_`X`e`_`_`V`_`W`j`dL`TY`Z`U`c`_`_`f`e`_`V`eYV} V]Ud`_`]`SVY`R`a`j`E`d`V`d`R`U`Z

H`Y`V`_`8`_krjkhRd`)`L`Y`c`V`eY`c`c`V`_`a`U`Z`D`V`U`M]Z`U`e`S`V`T`^`V`R`^`Z`H`Z`_`R`j`R`_U`h`Y`Z`V`c`Z]`h`c`Z`X`Z`_`eYV
} V]U`L`d`V`V`c`]J`U`R`e`H`V`e`4`R`e`3`Z]V`4`]J`W`Z`_`7`cd`_`Z`D`Y`V`Y`R`U`e`]R`c`_`V`g`V`j`eY`Z`_`X`d`V`_`V`g`c`]R`c`_`U`Z`
V]V`_`V`_`e`R`j`R`_U`d`T`_`UR`j`dIY` `]R`_U]M]R`_`Z`_`W`Z`D`V`d`R`e`U`R`U`c`^`h`Z`Y`dL`6`_`X]Z]M`d`a`R`Z`X`h`^`_`V`_`h`Y`
S`V`I`R`^`V`Y`c`W`V`_`U`Z`_`Z`Z`_`X`h`Z`Y`eYV`_`I`R`_U]Z`eV`Z`X`e`eYV`Z`T`_`g`V`c`R`Z`_`d`h`R`d`Y`h`8`_krjkr`]R`c`_`W`e`d`a`R`_`
6`_`X]Z]Z`5`f`cZ`_`X`eY`Z`eZ`_`V8`_krjkc`^`_`_`V`S`V`d`eY`R`e`Z`W`Y`V`Y`R`U`V]U`L`d`V`S`V]Z`g`V`L`eY`V`j`_`_`V`S`V`Z`_`U`Y`V`c`h`f`]U
W`Z`_`V`d`V`h`V`_`e`S`R`I`_`Y`^`V`R`_`U`d`R`U`d`V`T`f`]U`_`e`U`_`Z`h`f`]U`S`V`eY`V`_`U`_`V`h`^`_`_`V`_`e`j`Z`_`X`Z`9`V`c`^`_`eY`c`d`
d`e`V`_`X`eY`T`R`c`Z`U`Y`V`c`W`e`^`R`j`j`V`R`c`Z`e`h`R`d`W`^`_`Y`c`eY`R`e`d`V]R`c`_`U`_`_`e`e`X`g`V`f`a`R`_`U`e`_`U`V`R`_`S`Z`X`c`U`V`R`^`d`Z
8`_krjkr`]R`c`_`U`Y`V`c`A`Y`5`Z`_`e`R`I`Y`c`V`F`T`R`Z`_`_`Z`_`*)`*`Z`W`c`V`Y`c`V`eY`V`c`U`Z`U`L`d`V`T`f`]U`d`W`eY`R`eY`V`h`R`d`a`c`f`U
``W`V`c`R`I`T`^`a]Z]M^`_`V`_`e`dR`_U`eY`R`e`V`F`T`R`Z`_`_`U`Z`_`_`e`^`_`V`R`_`_`]`dL`X`e`V`g`R`f`V`d`d`V`h`R`d`c`Z`U`h`Z`Y`Z

E`U`j`I`R`d`R`=R`Z`R`U`F`T`R`e`d`c`V`T`c`Z`Z`X`R`_`U`V`c`]J`Z`X`=R`Z`_`d`Z]Z`_`a`^`c`eR`_`e`e`8`_krjkr`Z`E`Y`c`f`X`Y`Y`c`_`h`_`
M`a`V`Z`_`T`M`d`V`_`_`e`_`_`j`_`Y]a`U`Y`c`a`R`V`_`e`L`S`f`e`e`V`=R`Z`_`T`^`^`f`_`Z`j`e`f`_`U`c`dR`_U`eY`V`_`Z`AUDReV`
V`F`T`R`Z`_`R]`d`d`V`_`Z`H`Y`V`_`d`V]`_`_`d`Z`_`e`_`eY`V`j`V`d`_`V`h`^`c`Z`U`a`R`V`_`e`L`V`a`V`T`Z]`j`_`_`W`R`^`_`h`c`V`d`R`_U`d`V`e`]`d`eYV`
Z`_`D`a`R`_`Z`Y`_`_`e`e`h`^`c`j`eY`R`e`eY`Z`_`TY`Z`U`h`Z]`S`V`h`V]`e`R`_`_`T`R`V`_`W`eY`V`c`f`_`Z`g`V`c`Z`j`Z`e`^`R`_`V`d`Y`V`c`a`c`f`U`_`_`W`V`c`
R`I`T`^`a]Z]M^`_`V`_`e`dR`_U`d`W`Z`_`X`a`R`c`V`_`e`d`c`V]R`_`R`_`U`W`]`T`^`_`W`e`S]V`R`S`_`f`e]`V`eZ`_`X`eY`V`c`_`TY`Z`U`c`_`_`f`e`_`V`eY`V`c`_`_`V`e`Z]`
Y`V`c`h`R`d`Z



H ZIYZRDRVF_Zvcdj
McNair Scholars Program
")%&? Ž/RZ^`f_e
H ZIYZR<D' (# !!"**

Inside...

- McNair Academic Achievement
- Healthy Eating Tips
- Grammatically Speaking
- Someone Like Me?
- Grad-Connect
- Using Prepositions

*Let others lead small lives, but not you.
Let others argue over small things, but not you.
Let others cry over small hurts, but not you.
Let others leave their future in someone else's hands,
but not you, not you.*

~ Jim Rohn ~

**McNair Facts
Did You Know?**

"The Doctor"

> T? RZ:DIY JrdAc XR^
H ZIYZRDRVF_Zvcdj
8cRIVHŽV2_VLC`^"(S\$
4R^af d3`i "***
H ZIYZR<D' (# !!"**
aY_VhS"/*()IS'S*
W+hS"/*()IS'S*
V^ RZ+df \f dŽT kRcl hZIYZRŹU
Dyf \f dR3R.RZ4`kRcl6UŽ c
hVS dV+hVsdŽ ZIYZRŹU ž^ T_RZ

DeRW
=RHR UR9`jd7ZjU15ZVtē c
Dyf \f dR3R.RZ4`kRcl2dZHR e5ZVtē cž4`f_dj`c
DžZU^ Z ŽeRZV2dZHR dGZT Z2jWdU

NOTICE OF NON-DISCRIMINATION

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RŹL^ RŽRj dRf d_RZ_Rj`cZŽ.Ld f Rj`cZV.dRZ.La`JZ
TR.RMŽZ_HLRSMŹGZē R^ IVRgVdR dRf d`caj dZIR`c^ V.dj UZRSZžZ
#Z`h`cZ Xē RIVdVR U^ RZ.dZ.RhVIT^AZXR.UUZIRZ Z.RZ_VWV.gē ^ V.d.
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T^ aJZ.edR.UT`Tē dFS`feavIVdVUUZIRZ Z.Rē gj SWRZ.cd`h_e F_Zvcdj
d'avZd cdR.U`WIZžZ
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V al j W`cdf UV.ehY YRj JURT^ aJZ.eRjVZ.XUZIRZ Z.RZ`c`ēVhZV
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T^ aJZ.e`VdVdR UZIRZ Z.RZ_Z